

## Athletic Code of Conduct

## FIRST AND FOREMOST ALL PLAYERS MUST SHOW RESPECT FOR THEIR TEAMMATES, COACHES AND SPECTATORS AT ALL TIMES.

The actions of an athlete are a reflection of themselves, their team, and their community. Involvement in sport provides opportunities and experiences that are important to the development of a well-rounded person.

## Athletes must act in accordance with the following:

<u>Class</u> - live and play with class; be a good sport; be gracious in victory and accept defeat with dignity; give fallen opponents help, complement extraordinary performances, show sincere respect in pre and post game rituals

**Respect**- treat everyone with respect at all times and require the same from your teammates. Don't complain about or argue with official calls or decisions during or after the event.

<u>Disrespectful conduct</u>- don't engage in disrespectful conduct of any sorts including profanity, obscene gestures, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.

**Role-modeling**- Consistently exhibit good character and conduct yourself as a positive role model.

<u>Unacceptable substances</u>- Keep you body clean: don't engage in taking drugs or alcohol before or during games or practices.

**Self-control**- Exercise self-control; don't fight or show excessive displays of anger or frustration; have the strength to overcome the temptation to retaliate.

<u>Concern for others</u>- Demonstrate concern for others; never intentionally injure any player or engage in reckless behaviour that might cause injury to others.

<u>Play by the rules</u>- Honour the spirit and the letter of rules; avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

<u>Practices</u>- Demonstrate a commitment to the program by attending practices; realize the importance of game preparation. Be on time, assist with equipment and come prepared to play.

## If the above actions are called into question, disciplinary actions will be taken.

Participation in sports is a privilege, not a right. You are expected to represent your coaches and teammates with honour, on and off the field.

| Athletes Name: | Athletes Signature: |
|----------------|---------------------|
| Parent Name:   | Parent Signature:   |
| Parent Name:   | Parent Signature:   |
| Date:/         | Coaches Name:       |
|                |                     |